



**RONALD LETT, MD MSc.
FRCS C FCS (ECSA)**

Founder of the Canadian Network for international Surgery (CNIS), Dr. Lett did his undergraduate medical training and post graduate surgical training at the University of Alberta. He completed his masters in injury epidemiology at McGill.

He co - founded the Injury Control Centre - Uganda , the first lead agency for injury control in Sub - Saharan Africa and the Injury Prevention Initiative for Africa, and participated in the establishment of the African Canadian Committee for Essential Surgical Skills (ACC-ESS) which he co-chairs. He is the International Director of the CNIS, and Adjunct Professor of Surgery at McGill University.



**DR. LORRAINE WOOLFORD
MA MD FRCS C MSc**

Dr. Woolford has taught the FIRST Instructors course in Canada and the Structured Operative Obstetrics (SOO) Instructors Courses in Canada and Africa. She has taught SOO Providers Courses in Uganda, Rwanda, Ethiopia and Tanzania. She has developed SOO and FIRST manuals and models for teaching the courses.

Lorraine became a fellow of the Royal College of Physicians and Surgeons of Canada (Obstetrics and Gynecology) in 1981. In 2000, she completed her MSc. at McMaster University in Clinical Epidemiology and Biostatistics.



Ms. MESERET DESTA, MPH, BSc

Ms. Meseret is a Maternal and Child Health Care Advisor, with a Masters in Public Health, BSc in Clinical Nursing and Diploma in Midwifery Nursing with extensive experience in national and international Maternal and Child Health Care. She was a training facilitator for the Emergency Obstetric Care for health

workers in Ethiopia under Jhpiego-Affiliate of John Hopkins University. She was also actively involved in different programs at African Medical & Research Foundation and John Snow Research and Training Institute. She currently works at the Alberta Community Council on HIV, in Edmonton.

CONTACT US

TO REGISTER CONTACT US

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- FAX 604-739-4788
- EMAIL office@cnis.ca
- ONLINE www.cnis.ca/events

OUR WORK

Since 1995, the CNIS has worked towards improving surgical care in low-income countries, particularly in Africa. Its four program areas include:

- Structured Surgical and Obstetrical Training
- Injury Control
- Surgical and Obstetrical Information
- Public Engagement in Canada

OUR VISION

To empower low-income countries to create an environment where the risk for injuries is minimal and where all people receive adequate surgical care.

ACCREDITATION:

This event is an Accredited Group Learning Activity eligible for up to **6.25** Section 1 credits as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada. This program has been reviewed and approved by UBC Division of Continuing Professional Development. Each physician should claim only those credits he/she actually spent in the activity.

UBC CPD



CONTINUING PROFESSIONAL DEVELOPMENT
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**CANADIAN NETWORK FOR
INTERNATIONAL SURGERY**

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Canadian Network for International Surgery

**FIRST
(FUNDAMENTAL
INTERVENTIONS,
REFERRAL AND
SAFE TRANSFER)
INSTRUCTORS COURSE**

SUNDAY SEPTEMBER 29, 2013
8.30 AM - 4:00 PM


INSTRUCTORS:

- DR. RONALD LETT
- DR. LORRAINE WOOLFORD
- MS. MESERET DESTA

LOCATION:

CNIS Vancouver Office
1985 West Broadway St. Suite 105
Vancouver, BC V6J 4Y3





FIRST (FUNDAMENTAL INTERVENTIONS, REFERRAL & SAFE TRANSFER)

PURPOSE: FIRST course is designed to enable clinical (health) officers and midwives to prepare appropriate priority management plans for their patients and to obtain fundamental skills in first line, basic surgical and obstetric care. In accordance with Tanzania curriculum, teaching FIRST course to midwives necessitates the expansion of the obstetrical skills in the course. This instructor's workshop will serve two primary purposes:

- Prepare Canadian Health Professionals to teach the course in Tanzania.
- Provide an opportunity for the participants to share their expertise on how to improve the course.

THE SKILLS: Midwives and Clinical Officers will learn scrubbing, gloving and draping techniques, knot tying, small procedures, field block, suturing lacerations, basic life support, casting, splinting, and skin traction, inserting tubes, operative vaginal skills such as vacuum extraction, normal and breech delivery, retained placenta, repair of cervical laceration, perineal tear and episiotomy. The students will also learn to assess patients to determine who needs priority referral and prepare patients for safe transfer.

METHODOLOGY: FIRST is a standardized course and must be taught in a consistent manner. It is crucial that all instructors understand the philosophy, methodology and goals of the course. The Instructors Course, through lectures, interactive sessions and hands on practice, covers these topics:

- The use of simulation in surgical skills education.
- Hands-on experience with simulators & manikins.
- Practice teaching of quizzes, case based learning and technical skills.

TARGET: The FIRST instructor's course is open to midwives, obstetricians, anaesthetists, surgeons, as well as emergency physicians and family practitioners with an interest in primary surgery or obstetrics.

COURSE SCHEDULE

SUNDAY, SEPTEMBER 29, 2013:

8.30 AM Registration.

9.00 AM Welcome and Introduction.

9.15 AM Instructors Course Objectives.

9.45 AM Lecture 1: Student Introduction.

10.15 AM Lecture 2: Safe Transfer.

10.45 AM Assignments.

11.05 AM Day 1: Quizzes and Case Studies
Technical Exercise: Hand washing, Gloving, and Draping.

12.00 PM **LUNCH**

12.30 PM Day 1: Wound Management: Knot tying, Minor Procedure and Field Block, Suturing Lacerations.

1.15 PM Day 2: Quizzes and Case Studies:
Anesthesia, Orthopedics, Intestinal Obstruction and Urinary Retention
Technical Exercise: Inserting Tubes, Casting, Splinting & Windows, Basic Life Support.

2.15 PM **HEALTH BREAK**

2.30 PM Day 3: Quizzes and Case Studies:
Obstetrics, Normal Delivery and Breech.
Technical Exercise: Vacuum Extraction, Retained Placenta, Cervical Laceration, Manual Vacuum aspiration, Perineal Tear and Episiotomy.

3.15 PM..... Discussion on obstetric skills expansion.

3.45 PM..... Participant Feedback and Certification.

REGISTRATION

Online registration available at

www.cnis.ca OR

Call 604 - 739 - 4708

COURSE FEE*

PRACTICING SPECIALISTS - \$250

CNIS MEMBERS - \$200

FELLOWS/ RESIDENTS / MIDWIVES- \$150

CNIS MEMBERS - \$100

*Instructor's manual, refreshments & lunch are included in the course fee.

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