



OPERATIVE REPORT



Volume 9 Issue 2

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ESS IS NOW IN TANZANIA

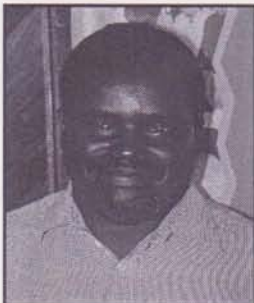
- Country Profile - Tanzania* 2 Last October, after years of negotiating, several months of hard work and preparation, the CNIS, in collaboration with its partners, implemented the Essential Surgical Skills (ESS) in Tanzania.
- ESS Tanzania Success Story* 2 Dr. Tarek Razek a Montreal trauma surgeon, accompanied Dr. Lett to Tanzania in order to deliver an ESS instructors course and an ESS providers course. Twenty-one medical interns were trained during the ESS workshop and Tanzania
- 4th ACC-ESS Meeting* 2 now has 20 ESS instructors who have the capacity to teach the ESS workshop themselves.
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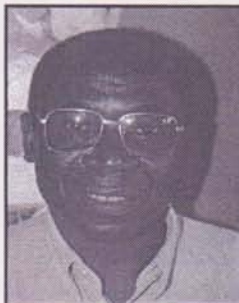
Dr. Tarek Razek, Dr. Ronald Lett, Ms. Janet Graham Canadian High Commissioner to Tanzania, Professor Aboud & Professor Azziz, from the University of Dar Es Salaam .

During their two-week stay in Tanzania, Dr. Lett and Dr. Razek had the opportunity to meet with Ms. Janet Graham, the Canadian High Commissioner to Tanzania. The objective of the meeting was to inform her about the CNIS, its work in East Africa and future plans in Tanzania. CNIS would like to recognize the Donner Canadian Foundation - thanks to its support, the Essential Surgical Skills are now being taught in Tanzania.

CNIS Partners in Tanzania



Prof. Lema



Dr. Mbmembati

In all of the ESS participating countries, CNIS works with partner organizations. In Tanzania, the partner organization is the Muhimbili University College of Health Sciences of the Univ. of Dar es

Salaam. The ESS patron, Prof. Leonard Lema and ESS Director, Dr. Naboth Mbmembati work together to advocate for ESS and organize and implement the courses.



First ESS providers in Tanzania.

Country Profile - TANZANIA

Located in Eastern Africa between Kenya and Mozambique, the country of Tanzania was created in 1964. Tanganyika became independent in 1961 and Zanzibar became independent in 1963. They united in 1964 to form the United Republic of Tanzania. The capital city is Dar es Salaam. Tanzania is slightly larger than the province of British Columbia and the terrain varies from plains along the coast, a central plateau and highlands in the north and south of the country. Tanzania is home to Mount Kilimanjaro the highest point of the African continent and is bordered by three of the largest lakes on the continent: Lake Victoria (2nd largest fresh water lake in the world), Lake Tanganyika (world's 2nd deepest) and Lake Malawi (Nyasa). The official language of Tanzania is Swahili although English is the language of commerce, administration and higher education. Tanzania is one of the poorest countries in the world. The economy depends heavily on agriculture, which accounts for half of the GDP, provides 85% of export and employ 80% of the work force.



TANZANIA ESSENTIAL SURGICAL SKILLS - A SUCCESS STORY

The following message was taken from an email received by Dr. Lett and Dr. Razek upon their return from Tanzania. It was written by Dr. Brenda Sequeira, an obstetrician who took part in the ESS instructors course, last October in Tanzania. *"Hi, hope you both got back well and have recovered from this last tropical experience! Just needed to inform you that in my "long" and illustrious obstetric career...I was finally called on (last night!) to rescue a resident struggling with a shoulder dystocia. With a lot of silent prayers while spouting the HELPER drill, it all went well. I sweated a bit as I had to go all the way to the "R"!!! Thanks to ESS and both of you, it was all so fresh in my mind, well rehearsed and easy to teach. It made me look so professional!!! Thanks again, Brenda"*



Dr. Brenda Sequeira

4th ACC-ESS Meeting

The 4th Annual Meeting of the African Canadian Committee for ESS (ACC-ESS) was held on Saturday November 29th at the Fairway Hotel in Kampala. ACC-ESS is responsible for reviewing and updating the ESS curriculum. From left to right the participants were: Dr. Patrick Kyamanywa (Mbarara-Uganda), Dr. Douglas Komani Lungu (Malawi), Dr. Mensur Osman Yassim (Gondar-Ethiopia), Dr. Antonio Assis de Costa (Mozambique), Dr. Jose Langa (Mozambique), Dr. Abraham Deneke Bezuneh (Jimma-Ethiopia), Dr. Othman Kiloloma (Tanzania), Dr. Ronald Lett (Canada) and Dr. Rose Alenyo (Uganda, Kampala). The participants represent the surgical departments that offer the ESS training in



Uganda, Ethiopia, Malawi, Mozambique and Tanzania. During the meeting the various country representatives reported on the ESS activities taking place in their countries—the Hernia course in Uganda, the Barriers to Care and Women in Surgery studies in Ethiopia. The ESS instructors course manual was corrected prior to publication of first edition. VIFOR International donated \$US 10,000 in support of this meeting. The donation was greatly appreciated—without VIFOR's support the meeting would not have taken place.

Public Engagement Workshops—Vancouver & Montreal



Vancouver workshop - group photo
Bottom row / left —Geneviève Caza
CNIS Canadian Coordinator

This past fall, the CNIS held two public engagement workshops. Organized by Geneviève, the CNIS Canadian Coordinator, the first one was held on September 21st in Vancouver and the second was held in Montreal on November 1st. Both workshops were a success. The attendance was good and the feedback received from the participants was very positive. The objectives of these public engagement workshops are to inform participants on international surgery, introduce them to some basic concepts of international development and present them with various opportunities

that exist in international surgery overseas. Thank you to Dr. Bob Taylor (Vancouver) and to Dr. Antoine Loutfi (Montreal) who helped facilitate the workshops. The next two workshops will take place in 2004, in the cities of Calgary and Toronto.



Vancouver workshop - Left: Drs Litherland, Taylor & Webber. On the right: Dr. Loutfi.



Montreal workshop - Dr. Vincent Echave from Sherbrooke University discussing with medical students



Vancouver workshop - The resident's table

CNIS DEVELOPMENT TOUR OF ETHIOPIA FULLY ESCORTED BY CNIS CANADIAN COORDINATOR GENEVIÈVE CAZA*

**INCLUDES ETHIOPIAN MEDICAL ASSOCIATION
CONVENTION, DEVELOPMENT WORKSHOPS
& HISTORIC TOUR OF ETHIOPIA
MAY 30TH TO JUNE 12TH, 2004**



Attend the Ethiopian Medical Association Convention and/or development workshops on June 2, 3 & 4, 2004 in Addis Ababa followed by a ten day tour featuring the unique historical and archeological sites of Ethiopia.

ITINERARY: May 30th: Depart Canada / May 31st: Arrive in Addis Ababa

June 1st: Free day in Addis/ June 2-4: Attend Ethiopian Medical Association Meetings and /or development workshops

June 5th: Fly to Bahr Dar. Visit the Blue Nile falls and take a boat trip on Lake Tana.

June 6th: Excursion to the Simien Mountains.

June 7th: City tour of Gondar and visit Gondar Medical school.

June 8th: Visit the rock hewn churches of Lalibela.

June 9th: In Axum, visit St. Mary's Church, the Axum museum, Queen of Sheba's Palace ruins and King Kaleb's tomb.

June 10th: Flight to Addis. Enjoy a farewell dinner with traditional dancing before departing for Canada

June 12th. Arrive in Canada.

TOUR COST: from C\$ 4965 per person sharing twin

The tour price is based on at least 10 tour members traveling together.

The price is valid as of December 2003 and is subject to change beyond our control.

The cost of the airfare and meetings are tax deductible.

**To join this tour or for further
information please contact:**

**Geneviève Caza
coordinator@cnis.ca**



Ehh, What's up Doc?

The CNIS would like to introduce Ms. Mable T. Nakitto, the ICC-U Community Program Officer who started with the ICC-U in August and is the officer in charge of the Safekids Uganda program. Safekids Uganda is the second in Africa after South Africa to join the Safekids Worldwide network. It aims at increasing public awareness on child safety at home, school, and on the road. It has to achieve an intense public awareness through the 5E'S; Education, Empowerment, Environmental safety, Enactment, Evaluation.



Ms. Mable Nakitto

The CNIS AGM took place November 2 in Montreal. Two directors have joined the board. Dr. Robert H. Taylor of Vancouver was elected as the Chair of the Program Committee and Dr. Haregua Getu of Toronto was elected and has joined the Public Engagement Committee.

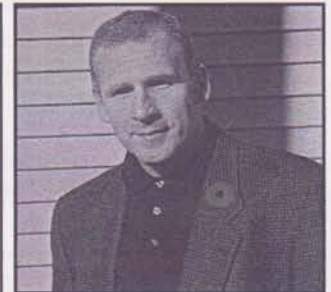


Mr. Stuart Groves

As part of his MBA program with the London School of Business, Stuart Groves "shadowed" Dr. Lett during his last trip to Uganda in November. The objective of this experience was to allow Stuart Groves to learn about the non-profit sector and the functions of the director of an organization such as the CNIS. While in Uganda, Stuart attended the ACC-ESS meetings and had opportunities to interact with the ICC-U and other stakeholders.

On November 6th, the CNIS became a member of the British Columbia Council for International Cooperation (BCCIC). At the BCCIC AGM, Dr. Ronald Lett was elected to the board of directors and was recently elected to be Chair.

The CNIS negotiated a 5 month contract extension with the Canadian International Development Agency (CIDA). The contract was signed on December 17, 2003 for the amount of \$120,000. We appreciate the work done by Mr. Murray Town, the new CNIS project officer at CIDA, who helped in expediting the process. The Project and Innovation Unit of the Canadian Partnership Branch of CIDA has also launched a new call for proposal. The deadline is February 9th. The CNIS plans to submit a two-year proposal.



Mr. Murray Town

VOLUNTEER & DONOR RECOGNITION RECEPTION

On Wednesday January 14th, 2004, from 6:30 pm to 8:00 pm, the CNIS will be holding its Annual Volunteer and Donor Recognition reception at the Howe Street Gallery of Fine Arts. Come and join us to celebrate the hard work and generosity of the CNIS volunteers and donors. This event will also see the launch of the 2004 "For the Life of Africa" campaign. Please contact the CNIS office at (604) 739-4708 or via office@cnis.ca to be put on the guest list.



CANADIAN NETWORK FOR INTERNATIONAL SURGERY

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Chair: Gwen Hollaar

President: Dr. Ronald Lett

Canadian Coordinator: Geneviève Caza

Administrative Assistant: Elizabeth Schaefer

JOIN THE CNIS or RENEW MEMBERSHIP

Individual Memberships: \$50.00

Student Memberships: \$25.00

Organizational Membership: \$500.00

DONATE

To the ESS, INJURY CONTROL or SCHOOL PROJECTS online or by post. All donations and memberships are matched by CIDA and are tax deductible.