



GWEN HOLLAAR
M.D. MPH FRCSC

Medical school graduate from the University of Alberta. Completed a general surgery residency at the University of Calgary. Dr. Hollaar obtained a Masters in Public Health focusing on international health at Johns Hopkins University. She returned to the University of Calgary and has been on faculty here since 1999. She has a broad base general surgical practice dealing with breast, thyroid, and bowel disease and an active interest in international health development. Currently, Dr. Hollaar is working in the area of medical education in Lao PDR with the University of Calgary and in various countries throughout Africa with the CNIS.



RONALD LETT
MD MSc. FRCSC FCS (ECSA)

Founder of the Canadian Network for International Surgery (CNIS), Dr. Lett did his undergraduate medical training and post graduate surgical training at the University of Alberta. He completed his masters in injury epidemiology at McGill. In 1996, he co-founded the Injury Control Centre - Uganda, the first lead agency for injury control in sub-Saharan Africa and the Injury Prevention Initiative for Africa (1997) a 10 country network. In 2000, he participated in the establishment of the African Canadian Committee for Essential Surgical Skills (ACC-ESS). Currently, he is President and International Director of the CNIS.

CONTACT US

To register, please contact Elizabeth Schaefer
Office Manager, CNIS:

TEL.....(604) 739-4708
TOLL FREE.....1-877-739-4708
FAX.....(604) 739-4788
EMAIL.....office@cnis.ca

OUR WORK

Since 1995, the CNIS has worked towards improving surgical care in low-income countries, particularly in Africa. Its four program areas include:

- STRUCTURED SURGICAL TRAINING COURSES
- INJURY PREVENTION PROGRAMS
- INFORMATION TRANSFER STRATEGIES
- PUBLIC ENGAGEMENT EVENTS IN CANADA

OUR VISION

To work to empower low-income countries to create an environment where the risk for injuries is minimal and where all people receive adequate surgical care.

13% OF AFRICANS DIE AN INJURY RELATED DEATH
1 IN 13 AFRICAN WOMEN DIE A MATERNAL DEATH
HELP CNIS END UNLUCKY



THE CANADIAN NETWORK FOR
INTERNATIONAL SURGERY
WWW.CNIS.CA



Canadian Network for International Surgery

**STRUCTURED
HERNIA REPAIR
INSTRUCTOR'S COURSE**

SATURDAY MAY 29, 2010
8:00 AM - 5:15 PM

INSTRUCTORS:

Dr. Gwen Hollaar & Dr. Ronald Lett

UBC CLINICAL ACADEMIC CAMPUS
2nd floor, 2312 Pandosy street
Kelowna, BC

This workshop is a pre-requisite for surgeons to become a certified instructor for CNIS





STRUCTURED HERNIA REPAIR INSTRUCTOR'S COURSE

The Structured Hernia Repair Instructor's Course presents the didactic material including lectures and interactive teaching sessions to surgeons who wish to become certified teachers of this course. Participants in the instructor's course will learn how this structured program assures the learners of a consistent educational experience.

The learner's course progresses from interactive lectures to surgical simulation, and then continues to clinical instruction with patients. The instructor's course also guides the surgeon to learn and practice the lectures, exercises and hands on simulations that each learner will use when taking this course. At the end of the workshop, the surgeon will have learned the training skills required to instruct general physicians to successfully perform uncommon procedures.

COURSE OBJECTIVE: *“To teach surgeons how to train general physicians in the diagnoses triage, and the surgical management of inguinal hernias safely.”*

COURSE SCHEDULE

- 8:00.....REGISTRATION & INTRODUCTIONS
- 8:30.....STRUCTURED SURGICAL SKILLS
- 8:45..... HERNIA COURSE PILOT: EAST & CENTRAL AFRICAN JOURNAL OF SURGERY
- 9:00.....IMPLEMENTING THE COURSE:
(BUDGET, PATIENT RECRUITMENT, FACILITIES, MATERIALS, LOGISTICS, FEEDING)
- 9:30.....TEA BREAK
- 10:00.....PRE-TEST - EVALUATION OF Q&A
- 10:30.....THE HERNIA TEACHER - HOW TO TEACH THE HERNIA TEACHER
- 11:00.....PRACTICE TEACHING: REVIEW OF METHODOLOGIES & ASSIGNMENTS
- 11:15..... PRACTICE TEACHING SESSIONS
(1 TOPIC OF 10 MINUTES PER PARTICIPANT)
 - 1. INTRODUCTION AND TERMINOLOGY
 - 2. ANATOMY OF THE GROIN
 - 3. HERNIAS OF THE GROIN
 - 4. PREPARATION FOR SURGERY
 - 5. PRINCIPLES OF SURGERY
 - 6. REPAIR OF GROIN HERNIAS
 - 7. REPAIR OF GROIN HERNIAS
 - 8. LOCAL ANAESTHESIA
- 1:00.....LUNCH BREAK
- 2:00.....PRACTICUM I: KNOT TYING, LAPAROTOMY, BOWEL RESECTION
- 3:00.....PRACTICUM II: HERNIA REPAIR SIMULATOR
- 4:00.....PRACTICUM III: CLINICAL IMPLEMENTATION
- 4:30.....EVALUATIONS / CERTIFICATION
- 5:15.....CLOSURE

REGISTRATION

Please call 604 - 739 - 4708

COURSE FEE

REGULAR—\$250 | CNIS MEMBERS—\$200

* Instructor's manual, refreshments & lunch are included in the course fee.



ADDRESS

UBC Clinical Academic Campus
2nd. floor
2312 Pandosy Street
Kelowna, BC
Canada V1Y 1T3